

## How we are working

As we begin the new school year we look forward to being able to welcome children and visitors back to The Harbour as well as continuing our virtual work that we have been developing during school closures. Here are a few updates as to how we are now working to support schools, children and their families.



### **Referrals:**

We are still welcoming new referrals to The Harbour Programme. If you have a child in mind, please get in touch. Information gathering for new referrals can be collected by a harbour practitioner either face to face following individual school risk assessments, or via Microsoft teams or telephone conversations. Observations of the child are usually carried out by a Harbour practitioner and home school SENCO, however we will be following the referring school's guidance as to whether these can take place.



### **Formulations and reviews:**

We can now offer the opportunity to hold meetings in person at The Harbour for up to 10 adults following social distancing and hand washing measures. Visitors are required to wear a face covering through communal areas but are free to remove these within The Harbour meeting room. We feel it is of great benefit to have people physically in the room for these meetings, however we understand that there will be occasions where people are unable to – due to individual circumstances, or due to their own school risk assessments, in which case we can also offer online meetings where people can join via Microsoft teams. For those attending in person we will still be offering tea and cake with a Harbour team waiter service! Parents view will still be gathered by an EP and Harbour practitioner prior to any Formulation or Review meeting, but this will now be done via a Microsoft Teams meeting where possible, or through a telephone conversation.



### **Collaborative Reviews**

We are continuing to develop how we capture and share the principles of our Collaborative Review and looking at ways that we can share this with schools more widely. This will initially involve creating information videos to share with SENCOs.



### **Inreach:**

It has been lovely to be able to welcome children back into The Harbour this term to attend sessions with our practitioners where we are still able to offer Thrive, Art in Health and Music Therapy. Children are now able to attend either 1:1, accompanied by peers from their school bubble, or with a visitor (either parent or member of staff from their home school). Children coming to The Harbour are following strict handwashing regimes and practitioners are ensuring social distancing is followed. When working in close proximity, Harbour staff are using either visors or dividing screens to reduce transmission and rooms are thoroughly cleaned between each session.



### **Outreach:**

We are once again able to offer an outreach service to support those children who we feel would benefit from additional support as discussed in their Formulation or Review meetings. Practitioners will follow the guidance from each school's risk assessment and also carry their own visors and protective screens which they may use for 1:1 work. Each child will be provided with their own named set of resources for their session which will not be shared with any other children to reduce transmission.



### **Virtual working:**

We would love to be able to work with the children that we are supporting face to face where appropriate, but we understand that during this time it may not be possible. We will continue to explore how we can offer sessions with children remotely, led by a Harbour team member, and supported by a TA or parent, at home or at school.



### **Online Support:**

We have been developing online resources and support to share with schools. We will be pre-recording videos to share practical examples and strategies to support schools and families. These include information about different Thrive activities, how to manage anxiety and parent support.