



Who we are...

We are a team of professionals from different services who understand the social and emotional development of children.

We recognise that you are a key part of your child's well-being.

- Becky Humphreys: Harbour Lead
- Alan Stokes: Harbour Practitioner
- Alice Perry: Harbour Practitioner
- Becky Mitcham: Educational Psychologist
- Linda Mallory: Educational Psychologist
- Annabelle Gilham: Family Therapist (CAMHS)
- Becky Churchill: Specialist Artist
- Isabel Ball: Sensory Occupational Therapist



Our Approach...

The Harbour programme focuses on supporting children's social and emotional needs to help them flourish. We focus on children's strengths in order to support their needs.

The basic needs of all children are to be safe, healthy and understood. At different stages of development children may need some support with understanding their thoughts, feelings and emotions.

The basic principles of what we do are the same for each child. However, each child is unique, so the support may be different depending on their strengths and needs.



How we support...

Alongside your child's school, and with your and your child's contribution, we reflect together to understand your child better. This will help us focus on your child's strengths and emotional well-being.

Sometimes we might support your child's school staff – this could be through consultations, meetings or training.

Sometimes we might support your child directly – this could be at The Harbour, or in their own school.

We will always listen to your views, and do our best to ensure they are heard as part of what we do.

It has been such a journey and we both benefited from the support of the programme. We are now closer than we were, and it is much easier to have conversations about her emotions and what she needs, all because of the things that I have learned from doing these sessions. Thank you for allowing us this opportunity. I am eternally grateful to the Harbour programme! (Parent)

