

The Harbour Flow Diagram Explanation

Referrals

Schools can make a referral to The Harbour Programme by following our referral criteria and visiting our website at www.theharbourprogramme.org, or by contacting a member of the team on 01225 768641.

Information gathering

Where a pupil meets The Harbour Programme referral criteria, a member of the team will ask the school to obtain parental permission and will arrange a meeting to gather background information on the pupil and family and to reflect on current practice.

Harbour team multi-professional discussion

All children will be discussed as part of a Harbour multi-professional team discussion to consider the most appropriate way in which we may be able to support. Multi-professional discussions form a regular part of a child's journey in The Harbour where we consider the impact of any support to ensure it continues to be appropriate.

Signposting

Through discussions with school staff, families and through multi-professional discussions, where it is felt that The Harbour is not the most appropriate service to offer support at the current time, or it is felt families or schools need additional support, The Harbour may signpost to alternative services.

Following any multi-professional discussion, The Harbour team may offer to hold Formulation and Review meetings, a collaborative review, a bespoke package of work or signposting. This support is reviewed at every Harbour team multi-professional discussion.

Harbour Formulation & Review

A key part of the work we do at The Harbour, is gathering information from parents, the child and school staff around a child's story. By listening to parents and staff, and from observing children in the school context, we can gain a holistic, shared understanding of the child's world and what their behaviour might be communicating; this helps us to work in a collaborative way to identify more successful and meaningful strategies to support the child, family and school. This is what we call 'The Formulation'. A review meeting is then held every 8-12 weeks until the pupil transitions out of the programme or it is agreed that alternative support is required.

Collaborative Review

A Collaborative Review is facilitated by a member of The Harbour team to support school staff to reflect on a child's strengths and needs, and gain a shared understanding of the child. Parent and child's views are captured by the school prior to the review meeting.

This solution focused approach aims to enable school staff to think about what they are noticing about a child and what might support them next.

Bespoke packages and support offered by The Harbour Programme

Packages of support may be offered to schools, children or families following multi-professional discussions or Harbour reviews to consider what might be most appropriate at the current time. This support is regularly reviewed.

School Support & Development

Observation and Consultation - Discussion between school staff and a Harbour professional to consider the needs of a child, group or class

Supervision/Reflective Practice - Offering support to staff in their home school through discussion and collaborative thinking

Awareness and Training - This can be bespoke for school staff, and could include:

- Working alongside school staff to develop skills
- Developing understanding of Thrive approach or Five to Thrive
- Creation and use of Visuals including social scripts
- Developing understanding of how to support children with their emotional regulation and resources to support
- Sensory OT support
- Observations of children and environments by a sensory OT and discussions with school staff to consider how to meet sensory needs

Peer mentoring - Offered in conjunction with Collaborative Schools Ltd (CSL), Behaviour Support Service and Early Years Inclusion Advisors. A collaborative space for teachers and support staff in Early Years and Year 1 to think and reflect about the needs of their children.

Direct Intervention (1:1, Group, Family)

Direct support from a Harbour professional, working with pupils and/or families in the home schools or at the Harbour. This may include:

- Thrive Intervention
- Therapeutic Art
- Sand tray conversations

Family Support

Parenting workshops - Offered through CSL and run by The Harbour as a parenting course to support parents to reflect and think about strategies to help their children with emotional regulation.

Coffee Mornings - Termly opportunity for parents of children who have been a part of The Harbour Programme to meet up with Harbour professionals and each other and share their experiences

Family Fun Sessions - Opportunities for families to attend Harbour days, to have fun and engage in activities with their children and meet with other families who may be sharing similar experiences.

Five to Thrive parent workshops - Open to parents in EYFS and Key Stage 1 to attend three consecutive sessions designed to provide parents with an awareness and understanding of Five to Thrive.